



*Shares lovingly in justice with others!*

## Stewardship on Liturgical Season ( LENT )

### Diocese of Honolulu 2017 Lenten Regulations

#### FASTING

- In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (**March 1st**) and Good Friday (**April 14th**).
- To fast means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on fast days.

#### ABSTINENCE FROM MEAT

- Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- To abstain means refraining from eating beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

#### EASTER DUTY

- All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (June 11th).

“ Prayer does not need to be complicated. It is “a simple look turned towards heaven...a cry of recognition and love; embracing both trial and joy” (St. Therese of Lisieux).

## The Season of Lent



The Lenten Season is a PILGRIMAGE ascent to the peak of the mountain. Being an upward journey, it is expectedly and inevitably difficult. But our upward journey can become lighter if our focus will be not on the journey but on the destination. The goal of Lent is Christ crucified and risen from the dead.

- Abp. Socrates Villegas

### THE SACRED PASCHAL TRIDUUM

- “Since Christ accomplished his work of human redemption and of the perfect glorification of God principally through his Paschal Mystery, in which by dying he has destroyed our death, and by rising restored our life, the sacred Paschal Triduum of the Passion and Resurrection of the Lord shines forth as the high point of the entire liturgical year” (Universal Norms on the Liturgical Year and the Calendar, #18).

Three major liturgical principles may be of help here:

- a. The Triduum may be viewed a single liturgical action that occurs over a period of three days.
- b. The Triduum is not part of Lent, but in its entirety, celebrates the Easter event.
- c. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection.



*Receives gratefully and Cultivate responsibly!*

#### LENTEN PRACTICES

- The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.

- **Ash Wednesday, the first day of Lent, falls this year on March 1st .**

Ashes are to be blessed as a sign of our entry into a season of conversion, repentance, and reconciliation. Ashes are to be blessed by a bishop, priest, or deacon. Others may be associated with the clergy in the distribution of ashes.

- Funeral Masses may not be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, only a Funeral Outside of Mass may be held.

- To afford the faithful opportunities to participate in Lenten prayer services, pastors are encouraged to have such prayer services at least twice a week, including the Way of the Cross on Fridays, Exposition and Benediction, Evening Prayer, and evening Masses. A homily or instruction should be included.

#### BLESSING OF THE OILS AND CONSECRATION OF THE CHRISM

- In order to allow participation of Catholics throughout the islands, the Sacred Oils will be blessed during the Chrism Mass to be celebrated in several locations. All are encouraged to join in this celebration. **For Kauai: Thursday, March 30 th at 7 p.m., St. Raphael Church, Koloa**



## Week Ending February 12, 2017

Reg. Collection	5,043.00
Bldg. Fund	1,428.00
Augustine Foundation	903.00
FCC Deposit	170.00
Bereavement	100.00
Funerals	100.00
Car Blessing	20.00
Mass Intentions	20.00
Candles	474.00
Gift Shop	140.00
Rel.Ed. T-shirt	10.00
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	8,408.00

Regular Collection	
5 pm	1,909.00
7 am	1,396.00
9:30 am	1,738.00
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	5,043.00

### Second Collection (Augustine Scholarship)

5 pm	373.00
7 am	297.00
9:30 am	233.00
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	903.00

We pray for the eternal repose of the soul of

+HERMINIGILDA DEGRACIA PERONO

Feb.19

9:30 a.m.

## Calendar of Activities

Feb. 17-19 - Deacons' Retreat @ St. Stephen's Diocesan Center  
 Feb. 19 - (7 pm) Amanda Vernon Concert @ St. Catherine's Church & @ 11:30 a.m.—Ohana Mass @ St. Raphael's Church  
 Feb. 23-27 - LA Congress  
 Feb. 26 - Ilocano Mass @ 5:00 p.m.  
 (Pot Luck for fellowship after Mass)

## Upcoming Activities

**PLEASE BE GUIDED WITH OUR LENTEN & EASTER SCHEDULE and REMINDERS! Mahalo!**

- ⇒ **Tue. February 28 – Burning of old palms at 6:00 pm**  
 Ceremony at front of the church  
 Pot Luck for Fat Tuesday/Mardi Gras to follow, once all palms are burned.
- ⇒ **Wed. March 1 – Ash Wednesday**  
**(Three mass schedules)**  
 7:00 am – Choir c/o Marie Yadao  
 12:00 noon – Choir c/o Marie Yadao  
 6:00 pm – Choir c/o Tongan Community
- ⇒ **Every Friday of Lent**  
 - Stations of the Cross at 6:00 pm  
 - Replaces Adoration and Exposition of the Blessed Sacrament
- ⇒ **March 25-26 - Faith Formation Retreat**  
 ⇒ Dcn. Mike Ross will lead a faith formation retreat after the 9:30 am mass. Please join!
- ⇒ Fellowship and refreshments after the presentation

- ⇒ Thu., March 30 - Chrism Mass at St. Raphael Church @ 7 pm. The Tangatailoa Family will represent our faith-community to receive oils.  
*The Parish Pastoral Council and the faithful are encouraged to attend Chrism Mass.*

- ⇒ **March 16 – 29 - Vicariate Penance Service 7 pm**  
 March 16 – Immaculate Conception Church  
 March 20 – St. Raphael Church  
 March 22 – St. Catherine Church  
 March 29 – St. Theresa Church  
 March (To be announced) – Holy Cross

- ⇒ **Wed., March 22 - Parish Lenten Recollection**  
 @ 6 pm with Fr. Pat, La Salette Priest from Boston will be our parish recollection master.

- ⇒ **April 12 – 16 – Holy Week**  
 April 9 - Palm Sunday is scheduled at 5:00 pm  
 - Olive branches will be used.  
 - Blessing of the palms.
- ⇒ April 12 – Mass with the Anointing of the Sick @ 6:00 pm  
 Lectors – c/o Azi to confirm  
 Music – c/o Leo and Tongan Community

- ◇ **April 13 - Holy Thursday**  
 - Be reminded that the 7 am mass has to be replaced with mass of the Lord's Supper at **7:00 pm**.  
 - Lead Musician by Virgie Cruzada
- ◇ Washing of Feet (12 volunteer Apostles from the children's parents.) c/o Sr. Gina and Sr. Jennifer
- ◇ Adoration – Transfer of Body of Christ
- To be reposed at Meeting Room in second tabernacle. Faye Yoshida and John Constantino to set-up the environment. Procession and Adoration to follow immediately after mass until 12:00 am.
- Requesting 30 minutes per ministry to watch the Blessed Sacrament.

9:00 pm to 9:30 pm – Youth Ministry  
 9:30 pm to 10:00 pm – Lector/Commentator Ministry  
 10:00 pm to 10:30 pm – Extra Ordinary Ministry  
 10:30 pm to 11:00 pm – Filipino Catholic Club  
 11:00 pm to 11:30 pm – Tongan Community  
 11:30 pm to 12:00 am – Priest, Deacons and Sisters

- ◇ **April 14 – Good Friday**  
 • Stations of the Cross at 12 noon  
 • Liturgy of the Word, veneration of the cross, communion service 3:00 pm
- ◇ **April 15 – Easter Vigil at 7:00 pm**  
 • Blessing of Fire at Grotto – Use existing fire pit.  
 • Music – Tongan Community
- No 5:00 pm mass

- ◇ **April 16 – Easter Sunday 7:00 am and 9:30 am**