



Immaculate Conception Church



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Deacon Bill Farias

PASTOR : REV.FR. AUGUSTINE UTHUPPU, MS

Deacon Dave Kane

OUR VISION

We, the Christian Community of Immaculate Conception, Lihue, are called to be Stewards of the Gospel. Centered on the Holy Eucharist, we live our lives on the four pillars of stewardship: hospitality, prayer, formation and service.

This is our call.



OUR MISSION

Responding to the call of Jesus and inspired by the example of the Blessed Mother, the Immaculate Conception, we live stewardship towards a holy way of life.

Today's Readings' Reflection

4th *Sunday of Lent is known as "Laetare (Rejoice) Sunday," expressing the Church's joy in anticipation of the Resurrection of our Lord.*

By describing the anointing of David as the second king of Israel, the first reading, taken from the First Book of Samuel, illustrates how blind we are in our judgments and how much we need God's help.

In the second reading, St. Paul reminds the Ephesians of their new responsibility as children of light "to live as children of the light, producing every kind of goodness and righteousness and truth."

In today's Responsorial Psalm, (Ps 23), we celebrate the care of God, our Good Shepherd, who keeps us safe in the darkness of this world.

Presenting the miracle of Jesus' giving of sight to a man born blind, today's Gospel teaches us the necessity of being willing to have our eyes opened by Faith, and warns us that those who assume they see the truth are often blind, while those who acknowledge their blindness are given clear vision. Our Lenten prayers and sacrifices should help to heal our spiritual blindness so that we can look at others, see them as children of God, and love them as our own brothers and sisters, saved by the death and Resurrection of Jesus.



Life messages:

1) We need to allow Jesus to heal our spiritual blindness. We all have blind-spots -- in our marriages, our parenting, our work habits, and our personalities. We need to ask him to remove from us the root causes of our blindness: self-centeredness, greed, anger, hatred, prejudice, jealousy, addiction to evil habits, hardness of heart, and the like.

2) We need to get rid of cultural blindness. Our culture also has blind-spots. Often it is blind to things like selfless love, happiness, fidelity with true, committed sexual love in marriage, and the value of human life from birth to natural death. Our culture has become anesthetized to the violence, the sexual innuendo, and the enormous suffering in the world around us.

Let us Remove our spiritual blindness On March 24, (Tuesday) @ 6 PM by having Good confession in the Sacrament of penance, so that we can celebrate Easter with clear vision of Jesus in others.

- - Fr. Gus, MS. - -

LAETARE SUNDAY 4th Sunday of Lent — March 15, 2026

MASS TIMES

Weekday Mass (Monday-Saturday)

7:00 AM

Weekend Masses

Saturday Vigil: 5:00 PM

Sunday: 7:00 AM, 9:30 AM, 4:30 PM

Reconciliation (Confession)

Saturday: 4:00 PM—4:30 PM

Weekdays: By Appointment Only

Adoration of the Blessed Sacrament

First Friday of the Month—6:15 AM
(Devotion to the Sacred Heart of Jesus)

2nd, 3rd, 4th Fridays—6:00 PM @ Sisters' Convent

Novena to our Mother of Perpetual Help

Wednesday @ 6:30 AM

OFFICE HOURS

Monday—Friday @ 8:00—12:00 Noon

Gift Shop

8:00AM to 12nn Monday to Friday

Sunday—after 7:00 & 9:30 AM Mass

SACRAMENTS AND BLESSINGS

Baptism Preparations

Please call Deacon Dave Kane to arrange your child baptism.

Sacrament of Matrimony (Marriage)

Couples must schedule an interview with Deacon Kane at least six months before a desired wedding date.

Sacrament of Anointing of the Sick

Please contact the parish office.

Funeral Mass / Mass Intentions

Please contact the parish office.

House Blessings - Please call the parish office at least one week in advance to have your house blessed.

Car Blessings - Car blessings are done after every Mass (weekdays or Sundays).

Becoming A Catholic-For Adults

OCIA (Order of Christian Initiation for Adults) Every Thursday @ 6PM in the Parish Hall.

FIRST COMMUNION and CONFIRMATION CLASS

Sunday, Monday & Thursday

Please call the Parish Office for more details

FAITH FORMATION

LIFETEEN, EDGE, YOUTH & YOUNG ADULT

Continuing formation journey for youth age 13 to 35.

Every 1st & 2nd Sunday of the month at 2:30 PM

YOUTH & CHILDREN CHOIR

Schedule of practice:

Every 3rd & 4th Saturday of the Month @ 3:15 to 4:30 PM

Mass sponsorship:

3rd Sunday @ 4:30 PM

4th Sunday @ 9:30 PM

OTHER MINISTRIES

Hospitality Sunday

Every 2nd Sunday of the month
After 7:00 & 9:30 AM Mass

General Cleaning of Church & Parish Hall

Every Friday right after the Mass

Stewards of God's Gift *God's gift of Time, Talent & Treasure*

Next week March 15, our parish will take up 10% of our collection for **Catholic Relief Services**. Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and reveal **CHRIST'S LOVE** to those in need.

SUNDAY SUMMARY COLLECTION-March 8, 2026

5PM Mass	\$ 1,536.00
7AM Mass	\$ 1,675.00
9:30AM Mass	\$ 2,648.00
4:30PM Mass	\$ 958.00
Total	\$ 6,817.00

Calendar 2026

March 22	Second Collection (Catholic Ministries)
March 23-24	Parish Lenten Retreat @6pm
March 24	Lenten Penance Service @ 6pm
March 25	Dedication of the New Altar and Ambo @6pm
Mach 26	Chrism Mass @ 6pm
March 28-29	10% of the collection will be donated to Catholic Relief Services

4 Simple Ways to Gain a Plenary Indulgence During Lent

Lent is not only about giving things up like sweets, social media, or entertainment. It is also a time to grow spiritually. The Church gives us beautiful practices that can help us receive a plenary indulgence — the complete removal of the temporal punishment due to forgiven sins.

This indulgence can be offered for yourself or for souls in purgatory, which is a powerful act of charity. Here are four spiritual practices you can do even daily during Lent:

1. Pray the Stations of the Cross

Meditate on Jesus' suffering and death by praying the 14 Stations of the Cross in a church or shrine. If you cannot physically walk from station to station, you can instead spend about 15 minutes meditating on Christ's Passion. This devotion helps us remember how much Jesus suffered for our salvation.

2. Pray the Rosary

Pray at least five decades of the Rosary without interruption. To gain the indulgence, it should be prayed:

- In a church, or
- With family, a prayer group, or a community.

The Rosary helps us reflect on the life of Jesus with Mary.

3. Spend 30 Minutes in Eucharistic Adoration

Visit a church and spend at least 30 minutes praying before the Blessed Sacrament.

Simply being with Jesus in silence, adoration, and prayer is one of the most powerful spiritual practices in the Church.

4. Read or Listen to the Bible for 30 Minutes

Spend 30 minutes reading or listening to Sacred Scripture with reverence.

This can be the Gospels, Psalms, or any part of the Bible approved by the Church. ——— Conditions to Receive a Plenary Indulgence To receive the full indulgence, you must also:

1. Go to Confession
2. Receive Holy Communion
3. Pray for the intentions of the Pope (*usually one Our Father and one Hail Mary*)
4. Have a sincere desire to avoid all sin, even venial sin

Confession can be done within about 20 days before or after the indulgenced act, but Communion and prayers for the Pope are ideally done the same day.

Why This Matters During Lent, these practices help us:

- Grow closer to Christ
- Deepen our prayer life
- Help souls in purgatory
- Become more detached from sin

Instead of only asking, “What should I give up for Lent?”

we can also ask:

“What spiritual good can I add this Lent?”

Even one of these practices done daily can transform your Lent — and bring great grace to you and the souls who need your prayers.

Source: Summarize from an article from National Catholic Register Fr. AC Perez, SchP

Immaculate Conception Church, Lihue

Parish Lenten Retreat

ENTERING THE MYSTERY:
A Journey Through
The Sacred Three Days

with
Fr. Alfred Omar Guerrero
Facilitator

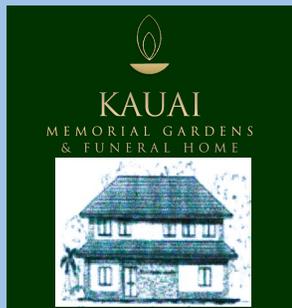
March 23 @ 6:00PM
March 24 @ 4:30 PM Followed by
Penance Service
at Immaculate Conception Church



Carol Simon

Kauai, Hawaii
808-205-7179
carolsimon808@gmail.com

5% tithe of my commission will be donated to this Church.



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3028 Aukele St. - Lihue
(Industrial park II)

Immaculate Conception Church, Lihue

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Pleas join us every Friday @ 6PM for praying the Stations of the Cross in the Church.